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FOR IMMEDIATE RELEASE

the wisdom of many traditions

Inspirit Common: Grand Open House Weekend!

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HADLEY, MA - September 15, 2006 – Emily and Bucky Sparkle, the owners of Inspirit Common on Route 9 in Hadley, MA are excited to announce their Grand Open House Weekend, October 14th and 15th, 2006.

Inspirit Common is a unique mind/body/spirit center offering inspired gifts, yoga, massage, healing arts, life readings, and workshops created by Emily & Bucky Sparkle with a host of dedicated participants. The weekend's events include a live performance by Mawwal, a psychic fair, a shamanic workshop, a "meet and greet" with yoga instructors and healers, door prizes, shopping discounts, and party!

"We're giving the greater community of the Happy Valley a chance to explore their personal path through our offerings," said Emily Sparkle. "We've put together a calendar of events with workshops, performances and opportunities to meet our teachers and practitioners in a casual, friendly environment. Of course, we have great shopping as well! There will be plenty of special treats for our customers and clients throughout the weekend."

The weekend's events will begin with a workshop given by Michael Dunning on Saturday morning called The Path of the Spirit. Participants will learn about health, the soul, fate and personal power and how they are linked to the spirit world. Michael, a Scottish Shaman, will discuss the belief shamans have always held that cosmic and personal harmony can be held in dynamic balance when we respect and act upon what the spirits have to tell us.

On Saturday afternoon there will be a "meet and greet" with Inspirit Common's healing arts practitioners and yoga teachers so potential clients and students can come to discuss the various techniques and styles that the Inspirit Common offers. This will be followed by a live performance by Mawwal, the long established and highly acclaimed world music group. Mawwal performs original and traditional Middle Eastern music with a spirited and beautiful trance-inducing acoustic ensemble.

Sunday, October 15th will feature the Inspirit Common Psychic Fair; an opportunity to have a reading about anything from your relationships, your career or even your spiritual path with one of our gifted readers. Sunday evening we will celebrate our accomplishments with a Grand Open House Party where all participants, clients, friends and family are invited to join the Sparkles in raising a toast and mingle among (new) friends where light fare will be served.

"We want thank each and every one of our participants and clients that have helped us establish ourselves in the last year," says Bucky Sparkle. "This is such an exciting time for us and we look forward to sharing more of what we are about with the community here in Hadley, Amherst, Northampton and beyond!"

During the entire weekend, massage therapists will be available for drop in appointments. Raffles, door prizes and special discounts will also be in effect! For more information about the Grand Open House events and party, please visit our website at: http://www.InspiritCommon.com/grand_open_house.htm.

Inspirit Common is truly designed with the intention of honoring all spiritual paths. Inspirit Common is a yoga studio, healing space, learning center and a wonderful place to shop. We invite you to participate in our community: learn, practice, instruct, heal, or create.

Inspirit Common is located on Route 9 in Hadley, MA and is open most days from 10a – 6p. For more information, please visit our website at <http://www.InspiritCommon.com>.

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www.InspiritCommon.com